

CORE Expressions
Gentleness and Hope
Week 7

Gentleness

Personal Statement:

I express gentleness through the working of the Holy Spirit by being thoughtful, considerate and calm in dealing with others.

Philippians 4:5

Let your gentleness be evident to all. The Lord is near. (NIV)

Gentleness = To tame a wild animal, meekness

1 Timothy 3:1–3 (NIV)

Here is a trustworthy saying: Whoever aspires to be an overseer desires a noble task. ² Now the overseer is to be above reproach, faithful to his wife, temperate, self-controlled, respectable, hospitable, able to teach, ³ not given to drunkenness, **not violent but gentle**, not quarrelsome, not a lover of money.

Titus 3:1–2 (NIV)

Remind the people to be subject to rulers and authorities, to be obedient, to be ready to do whatever is good, ² to slander no one, to be peaceable and considerate, and **always to be gentle toward everyone**.

Ephesians 4:2 (NIV)

² Be completely humble and **gentle**; be patient, bearing with one another in love.

1. Gentleness is God's nature expressing itself through us at the right time in the right measure, for the right reason.

- a. The right use of power and authority, power under control.
- b. A balance born in strength of character

Matthew 11:29–30 (NIV)

²⁹ Take my yoke upon you and learn from me, **for I am gentle** and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

Matthew 21:5 (NIV)

⁵ "Say to Daughter Zion, 'See, your king comes to you, **gentle** and riding on a donkey, and on a colt, the foal of a donkey.' "

2. **Gentleness marks a person who is _____ of God's word**

James 1:19–21 (NIV)

¹⁹ My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ **because human anger does not produce the righteousness that God desires.** ²¹ Therefore, get rid of all moral filth and the evil that is so prevalent and **humbly accept the word planted in you,** which can save you.

3. **Gentleness marks a person who is considerate of others when _____ is needed.**

Galatians 6:1 (NIV)

Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should **restore that person gently.** But watch yourselves, or you also may be tempted.

2 Timothy 2:24–26 (NIV)

²⁴ And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. ²⁵ **Opponents must be gently instructed,** in the hope that God will grant them repentance leading them to a knowledge of the truth, ²⁶ and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.

4. **Gentleness is the way we should respond in an _____**

1 Peter 3:15–16 (NIV)

¹⁵ But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. **But do this with gentleness and respect,** ¹⁶ keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander.

Rewards of Gentleness:

1. **AN _____.**

Matthew 5:5 (NIV)

⁵ **Blessed are the meek, for they will inherit the earth.**

2. **LIFE OF _____ and _____.**

Psalms 37:8–11 (NIV)

⁸ Refrain from anger and turn from wrath; do not fret—it leads only to evil.

⁹ For those who are evil will be destroyed, but those who hope in the LORD will inherit the land.

¹⁰ A little while, and the wicked will be no more; though you look for them, they will not be found. ¹¹ But the meek will inherit the land and **enjoy peace and prosperity.**

Hope

Personal Statement:

I express hope through the working of the Holy Spirit by coping with the hardships of life and with death on the light of an eternal relationship with Jesus Christ.

ROMANS 5:5

And hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit whom He has given us. (NIV)

Question:

What is the difference between hope and hopelessness?

Why do people lose hope?

What is the value of an anchor in rough waters?

1. Hope is the anchor that _____ a Christian's life.

1 Peter 1:3-4

³Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us **new birth** into a **living HOPE** through the resurrection of Jesus Christ from the dead, ⁴and into an inheritance that can **never perish, spoil or fade**.

Elements of Hope:

- New _____ – We are new creatures in Christ
- _____ Hope – HOPE IS THE ANCHOR
- An _____ – Something to look forward to

<p>Without an eternal perspective, hope fades when trials come. With an eternal perspective, hope SUSTAINS when trials come.</p>

2. Hope is knowing that an inheritance is _____ not just _____.

1 Peter 1:4-5

This **inheritance** is **kept** in heaven for you, ⁵who through faith are **shielded** by God's power until the coming of the salvation that is **ready** to be revealed in the last time.

Hope is ...

- Promised
- Preserved
- Protected
- Prepared

3. Hope results in _____

1 Peter 1:6

⁶In all this you **greatly rejoice**, though now for a **little while** you may have had to suffer grief in all kinds of **trials**. ⁷**THESE HAVE COME SO THAT** the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—**may result in praise, glory and honor when Jesus Christ is revealed.**

- Purpose – Tested and purified
- Result –
 - Proven _____ – authentic - genuine
 - _____
 - _____ – The sum total of who God is – not the parts but the whole
 - _____

4. Hope is knowing that God has saved our _____.

1 Peter 1:8-9

⁸Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, ⁹**for you are receiving the end result of your faith, the salvation of your souls.**

- Hope becomes reality when we embrace our faith:
 - Jesus is no less real today than He ever was
 - Jesus is no less powerful than he ever was
 - He is no less in touch with you and your needs than He ever was
- Believe Him – Anchor – Hope in His word
 - Result – Inexpressible – words can't explain
 - Glorious Joy -

Conclusion:

- Hope is an anchor for all situations in life
- Hope is knowing that we have an inheritance that is promised, prepared and preserved.
- Hope should result in praise
- Hope is embracing that reality that we are completely saved